



Day Training Homework 2-2

Your Routine:

- **Finishing Come (3 comes in a row)**
 - We are going to transition to having your dog on a long line...
- **Work heel in a Circle w/ long line (3 circles w/out a correction)**
 - Attach the longline to your dog's pinch collar on one of the starting links of the collar (not the live-ring where you attach the leash, nor the dead ring where you attach the backup device, but one of the other 2 pieces attached to the chain. This long-line is going to be dragging to get the dog used to having it on, and you will want to enforce heel through it getting caught on little weeds and grass etc... but if it gets actually stuck to something you can have your dog wait while you fix it.
 - The purpose of this is to teach the dog to pull through the little pressures of the LL dragging.
 - You are going to heel your dog, but you are going to hold the leash in your right hand, allowing your dog the full leash, but they are still expected to maintain the heel position.
 - If they break you are going to grab the leash with your left hand, slide close to the dog's neck, and correct them as you would have before, and when they are walking nicely at your side again, you are going to drop the leash in your left hand.
- **Thresholds (3 successful exercises w/out needing a correction for breaking heel)**
 - You can either keep working on your exit doors, or if they are doing good with those you can get creative and find new doors, a friend's house, gates, etc...
- Sit (3 successful sits w/out correction)
- Down (3 successful downs w/out correction)
- **(down)Stay (5-10minutes)**
 - From the heel position, ask your dog to "sit" and then ask them to "down," after this step this will be the same as the sit-stay exercise, walk 5-10 feet in front of them.
 - You should watch for signs that they are going to break, and remind them to stay if it looks like they might break.
 - Upon completion of the allotted time for the stay, walk around your dog, return to their side, praise them, "heel" them out of their "stay," and you can release them from there.
 - If your dog is having trouble with stay, after a successful exercise is a great time to bring out the tug toy, or a ball, etc... and play with them. Allow them an outlet from the stress that they just worked through!
 - Start at 5 minutes and add a minute a day unless it still seems too difficult from them.
 - Stay should be worked as a part of the routine, but it will be better if you randomly work this in your spare time on its own.



- **Conditioning place (3 minutes)**

- Pick an object that will be your dog's "place," (there can be more than one place in the future, this is just to make it easier to teach them in the beginning stages) this can be a bed, a rug, a yoga mat, anything that they can tell apart from the surrounding floor (e.g. don't pick a white rug on top of a white carpet, etc...) it can be elevated such as a couch or an ottoman, or it could be something level with the floor.
- "Heel" your dog onto the object.
 - You want to heel them, staying by their side while they step onto their object.
 - Once all of their feet are on the object, say "place," and praise them.
 - Then ask them to "heel" off of the object
- After the first 2-3 sessions working "place," you are going to teach them to disengage from your side to go to "place"
 - Heel them up to the place you have chosen, and ask them to "sit" just in front of the place.
 - **VERY LIGHTLY** pull back on your dog's leash, get their attention and slowly count "1... 2... 3..."
 - Then you will take a small step towards the place (but don't be even with the place) and drop the leash in your hand closest to their neck, and point with the leash hand towards the place, and say "place".
 - If the dog does not go to place, repeat the procedure, but instead of dropping the leash and pointing, guide them with the leash onto "place"
 - Once they are on place, give them big praise, and "heel" them off of place
- Do not yet ask them to stay on place, or work to get duration on place, but do make sure that they do not get off on their own, you want to make sure they are getting off of place when you give them the "heel" or "come" command.



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Date	Time Worked	Commands Worked	Notes

EXTRA CREDIT!!!: Take a video of yourself doing your routine with your dog, and send it to us and your dog will receive an extra special treat!!!

Please contact me if you are having trouble or if you have questions about the training, or the program! Remember to take advantage of your discounted private lessons, during and after the program!

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